



Schnepp Health Care Center *Happenings*

www.schnepp.net

Greetings!

What a mild winter it has been so far but beware, mother nature usually makes up for it eventually and winter is not over yet.

You will notice we have started our facility wide remodeling project. We will be painting, wallpapering and re-decorating rooms over the next year. The first area to be effected will be the lobby and Dick's Diner.

Resident Centered Care continues to be our big push. It is the future of how we need to deliver care to our residents and families. I am convinced that our facility needs to be a warm, caring place that truly puts the resident's needs first. Schnepp has entered into a pilot project with MPRO the Michigan Peer Review Organization to help implement the concept here. It is no small undertaking.

Along with Resident Centered Care we are exploring the possibility of replacing at least part of the facility with a new building. The concept would be patterned after the Governors Facility Innovative Design Program and calls for 80 percent private rooms, neighborhoods and a smaller more home like building. It is a long term goal but its on the list of things to do!

As always, we are striving to be the best! I welcome your comments.

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Resident Birthday

Orville Conley 2/1
Mona Hersey 2/2
Norrine Cheeseman 2/3
Imogene Keene 2/4
Beulah Hynes 2/6
Evelyn Crossley 2/10
Betty Weslock 2/12
Marie Davis 2/18
Robert Smith 2/18
Emma Eicholtz 2/23
Margaret Snyder 2/26
Roland Ball 2/27

Employee Birthday

Shelly Morrison 2/2
Helen Davis 2/3
Janice Smith 2/3
Cherrie Lamont 2/4
Amber Akin 2/6
Colleen Wertz 2/8
Janice Dickman 2/11
Kim Martyn 2/14
Yolanda Figueroa 2/14
Deb Vine 2/19
Jessica Hyatt 2/19
Kimberly Schramm 2/20
Rosalyn Rohn 2/21
Chris Salisbury 2/22
Donna Walton 2/25
Robin Hanline 2/27



Dr. T's Corner

Dr. Wm. C. Thiemkey has been Medical Director for Schnepf Health Care Center for nearly 20 years. He will review some pertinent medical articles and summarize them in each issue of the newsletter.

“Good Night”

A three-part article about insomnia (Part 2)

Evaluating for sleep disturbances can be a time consuming and stressful process for patient and physician alike. The process includes a history and physical and careful review of sleep patterns and recent changes in those patterns. Reviewing the medication list and social history is also involved.

Occasionally, if other neurological symptoms are found, further work, such as lab work, EEG and CT scan may be included. Once the possible associated co-morbidities are ruled out, the clinician can form a treatment plan that may or may not include medications. Don't fall asleep now, wait for next month for treatments and remedies for insomnia.

Welcome to Schnepf's:

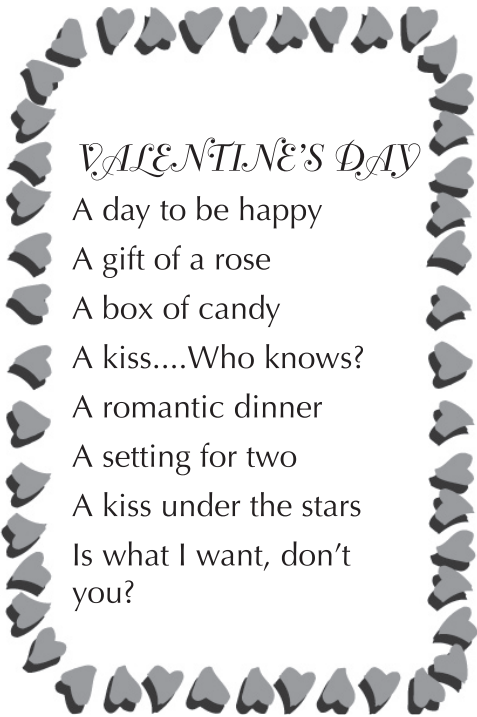
- Wayne Dawson
- Mildred Richardson
- Viola Conner
- Irma Sherwood
- Beulah Hynes
- Halden Muscott
- Minnie Scutt

You Will Be Missed

- Luanna Rolfe
- Florence Post
- Anna Sklener

RESIDENT RIGHTS

#6. A patient or resident is entitled to information in advance about care and treatment and of any changes in that care and treatment that may affect the patient's or resident's well-being. The patient and/or patient representative or resident are entitled to participate in planning his care and treatment or determining changes in care and treatment, unless adjudged incompetent or otherwise found to be incapable under state law.



VALENTINE'S DAY

- A day to be happy
- A gift of a rose
- A box of candy
- A kiss....Who knows?
- A romantic dinner
- A setting for two
- A kiss under the stars
- Is what I want, don't you?

In The Garden...

A special day is coming up February 14th. The day girls have been extra busy decorating the unit while Georgia and her granddaughter, Maskeha, and her friend, Annie, were decorating Valentine boxes for each resident and staff. If you would like to deliver or mail your loved one a Valentine, we will put it in their special box and it will be given to them at their Valentine Party. We also have a staff Valentine box at the desk for anyone who wants to give a card to the girls (Handmade cards are greatly appreciated). Last year each resident received 40-50 cards; it was a great day for them. Thank you to Georgia, Annie and Maskeha for the beautiful Valentine boxes. To all our families, Happy Valentine's Day!

Hugs and Kisses,
From the Garden Staff Day Girls

CARTOON COUPLES

Identify each cartoon's couple.

1. Dagwood _____
2. Hi _____
3. Dennis the Menace _____
4. Donald Duck _____
5. Barney _____
6. Fred _____
7. Superman _____
8. Mickey Mouse _____
9. Schroeder _____
10. Popeye _____
11. Rose _____
12. Tarzan _____
13. Charlie Brown _____

answers on page 4



Complimentary Meal Coupons

We would like to offer you the opportunity to dine with your Schnepf Health Care Center resident on occasion. One complimentary meal coupon is mailed biannually in the newsletters. Additional meal coupons may be purchased from the receptionist at \$4 each.

In order for the kitchen to plan for additional meals it is requested that the kitchen or receptionist be notified a day in advance of requesting a meal tray. All meals from the kitchen will be from the regular menu for that day. Special requests cannot be honored. A beverage will accompany the meal.

Memory Books

We will be making memory books for the residents on Garden Floor. If families are interested in helping with these books please contact Jennifer McKinin, Activities Director at (989) 681-5721. Also, if families would be able to copy pictures and bring them in for the books, it would be greatly appreciated. We ask that you do not bring the original pictures, only copies.

