



Dr. T's Corner

Dr. Wm. C. Thiemkey has been Medical Director for Schnepf Health Care Center for nearly 20 years. He will review some pertinent medical articles and summarize them in each issue of the newsletter.

Getting the “bugs” out

Urinary tract infections (UTI) are one of the more common infections that we as humans have to endure. Sometimes they can cause a terrible life threatening situation, yet often the infection occurs without the patient even knowing about it. Up to three percent of women in long term care facilities will have UTI's. Sometimes it is necessary to treat them, but often it is best to let them go untreated if the patient is asymptomatic. Urine cultures are not necessary unless there is a complicating process. The most common “bug” is E. coli and can be treated if the patient is symptomatic or is at high risk. Medicines of choice to treat the UTI include: Cipro, Levaquin, Bactrim and Macrochantin. Remember the golden rule of treating UTI's is that they don't always need treating.

RESIDENT RIGHTS

#2. An individual who is or has been a patient or resident, or a person authorized in writing by such an individual, is entitled to inspect or receive for a reasonable fee, not to exceed \$.25 a page, a copy of his or her personal and/or clinical record.

The facility will make a reasonable effort to provide access to records for purposes of inspection and copying at the time of receipt of a written request, if the request is made during normal office hours.

In any event, the records shall be made available for inspection within 24 hours (one business day) after the receipt of his or her written records for inspection, an individual may purchase photocopies of the records upon request and advance notice of 48 hours (2 working days) to the facility.

A third party shall not be given a copy of the patient's or resident's clinical record without prior authorization of the patient or resident.

Welcome to Schnepf's:

Denny House

Alice Barnes

You Will Be Missed

Harriet Kruger

Irene Parrotee

Vivian Russell

Ruth Gearig

Leah Wolfgang

Agnes Conley

Irene Ostrum

Hurricane Katrina Fund raiser a success

It's just amazing what we can accomplish when we work together! When Schnepf's residents decided they wanted to help the victims of Hurricane Katrina they meant business. The residents collected donations, had a drawing for a hand-made quilt and also hosted a bake sale. Who would have guessed that in 10 days, they could raise \$1,910! Certainly not our administrator Dick Prestage who told residents that he would match the money they collected. The grand total that was donated to the Red Cross was \$3,820. A big thank you to all who participated. Great job residents!

Back by Popular Demand!

The seats on the love bus will, once again, be filled with enthusiastic residents traveling to Bronner's in Frankenmuth for a day of browsing and lunch at Zender's. The trip is planned for October 11. The bus will leave SHCC at 8:30 AM and return between 4 and 4:30 PM. If you would like to join in the fun as a volunteer, please contact the activities department.

Halloween Day

The date and time for the City of St. Louis trick or treating has not yet been determined. As soon as we have the information, we will distribute flyers with the details throughout the building. The residents will pass out candy to trick or treaters at the same time as the City of St. Louis.

Holiday Bazaar

The date for the annual Christmas Bazaar has been set for November 19, so mark that date on your calendar and plan to attend. This is an opportunity to enjoy all the wonders of Christmas at SHCC and do some shopping too! Some of the featured items will be holiday wreaths, swags and trees decorated in the most wonderful holiday fashions. Also featured will be many baked goods, personalized ornaments and much more. We hope you will come and bring a friend with you!

Following is a wish list of items that the Activities department could use to help prepare for the Bazaar:

- Decorated or undecorated wreaths
- Acorns
- New Fiberfill to stuff pillows
- Baskets for making Christmas arrangements
- Over-the-door wreath hangers

If you have other items you think we could use, please give the activities department a call and we'll let you know.

Fall Fest is Here

We would like to invite everyone to come and join in on our October Fall Fest. We will be making scarecrows in the morning to place outside the facility. We will also be selling nachos and cheese for lunch. In the afternoon, all are welcome to come "kick" up their heels to some wonderful music and enjoy donuts, cider and apples. Come help us welcome in this beautiful time of the year!

Gospel Corner

Just a reminder that our Bible study group meets every Thursday at 10 AM and all are welcome.

We also have a new church service in our facility once a month. On September 25, the Breckenridge Wesleyan Church started offering a service at SHCC. Their services will be held on the last Sunday of each month at 2 PM. Each service lasts between 30 and 45 minutes.

Looking for musicians

Are you or someone you know musically inclined? If so...we would love to have you come in and play our new piano in the activity room. The piano was recently purchased from the Resident Fund. Please call the Activities Department to set up a time so that the residents can enjoy your talent!

