



Schnepp Health Care Center Happenings

www.schnepp.net

From the Administrator

As we ease into summer, we are getting the flowers planted and the grass cut and preparing for the opportunity to spend more time enjoying the out-of-doors. This also means that our staff at Schnepp Health Care Center is planning a number of outdoor activities for our residents and their families.

The staff has planned picnics in the park, an outing to the zoo and other activities on the patio. It is also time for our Annual BBQ at Schnepp's. This is an event we have held for many years and we think it is probably the best event of the year. There will be live music, food and an opportunity to spend part of the day with your family.

The BBQ will be held on June 26, from 11:30 AM to 2 PM. Please put this on your calendar and plan to attend. Our residents, families and staff all look forward to this event and anticipate a great day of fun so we hope we will see you there.

This is a great time of year to spend time with your loved ones enjoying the beautiful weather we have in Michigan during the summer months, so please visit and enjoy our patio and grounds anytime.

Richard Prestage
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Resident Birthday

Roger Wiles	June 2
Agnes Conley	June 4
Helen Swarhout	June 15
Maude English	June 16
John Hendershot	June 21
Lila Allen	June 22
William Glass	June 22
Ann Macha	June 26
Fern Frisbie	June 29

Employee Birthday

Sally Delgado	June 1
Bill May	June 2
Lisa Tupica	June 3
Dennice Messner	June 5
Tiffany Kelley	June 5
Angela Vine	June 5
Ann Smith	June 8
Melinda Fall	June 10
Julie Love	June 13
Pamela Miller	June 18
Carol Prestage	June 21
Bonnie Smith	June 23
Diane Lott	June 24
Jennifer McKinin	June 27
Mandy Spindler	June 27
June Stone	June 29



Dr. T's Corner

Dr. Wm. C. Thiemkey has been Medical Director for Schnepf Health Care Center for nearly 20 years. He will review some pertinent medical articles and summarize them in each issue of the newsletter.

“ A royal pain”

Gout is one of man's oldest known afflictions. Henry the VIII of England and many royalty suffered with the disease. Gout is the over production of uric acid in the blood stream (hyperuricemia) and may be aggravated by eating rich foods such as seafood, liver and other internal organs. An acute gouty attack comes on quickly and with vengeance. Any joint in the body can be affected but most commonly it is the “big toe” and for some unknown reason, usually the right one. Other common joints of attack include the spine, knee and ankle. The pain is so intense that even a blanket on the toe is painful.

Treatment strategies include analgesics, anti-inflammatory Rx and the use of medications to lower the blood uric acid. Such drugs as Indocin, Colchicine, and Celebrex have been used for the acute attack. Medications such as Zylprim and Colbenemid are often used to keep further attacks from occurring. A healthy life style with plenty of water, rest, exercise and proper diet will help prevent further episodes. If you feel that you may have gout see your doctor soon so that you can “kick” it out of your system.

Welcome to Schnepf's:

Richard Gilpin
Evaline Gilpin
Harriet Kruger
Gordon Bailey

You Will Be Missed

Virginia Detzler
Duane Sartor
Lucille Husted

Just a Reminder

The lost and found is located in the Activities room. It is currently overflowing with items. Please check for any items that may belong to you. Also, when bringing in new clothes, they need to be labeled with a clothing marker and we also apply a heat label. Please ask you aide or stop by activities for assistance.

Resident's Rights

#36. A patient or resident is entitled to adequate and appropriate pain and symptom management as a basic and essential element of his or her medical treatment.

Fun during Nursing Home Week

Schnepf Health Care Center celebrated Nursing Home Week in May with numerous activities for our residents. The fun-filled week included deep fried apple pies made by “cook extraordinaire” Melissa who is also an activity aide. The recipe for these yummy treats came from Hazel Lutz, a resident and wonderful cook! Hazel loves watching cooking shows and we hope she continues so she can bring us more great recipes!

The big event for the week was the Schnepf’s Luau. The event was complete with pink flamingo’s (thanks to family member Margo House), beautiful flowers and tropical fish. The residents also enjoyed an awesome tropical buffet. There were even a couple of gals in grass skirt! A fun time was had by all. The activities room now has some great pictures from the event, so stop by and see them. We would also like to thank Chloe and Noah – junior activity volunteers – for their help.

A big thank you also goes out to the Hospice of Michigan for bringing in root beer floats for the residents and staff. Everyone enjoyed them!

Activity Corner

The residents would like to say a big thank you to Mrs. Jastrab’s second grade class from Hemlock. The students came and visited with our residents and then returned with wonderful books about their friends at Schnepf’s. The students wrote and illustrated the books themselves and they were awesome!

Our residents have also given rave reviews to the dietary staff for the very tasty “meal of the month.” Each month, residents in Cook Club scour recipes and choose a meal for the kitchen to prepare. Great job dietary! Watch your calendar for more “meal of the month” Cook Clubs.

Special Events

There are two special music programs planned for June. Dave Schaffer will be visit on June 9, at 2 PM. Also Ed Stow & friends will be in our facility on June 27 at 2 PM. Families are welcome to attend these, or any events, with their resident.

In June, our residents can also enjoy a BBQ lunch on the patio. The lunches for residents will be held once a week throughout the summer. Check your calendar for dates.

The first Picnic in the Park of the season will be held at Lieppen Park in St. Louis on June 23. If you would like to volunteer, contact Rachelle or Melissa in Activities.

27th Annual BBQ

June 26 is the date of our annual BBQ. We will be serving from 11:30 AM to 2 PM. We would like to invite all of our residents and their families to attend.

There will also be live music on the patio and also on the Garden unit. This is an afternoon of food and fellowship and our way of thanking all of you for being part of our family.

Can you help?

We would like to take a trip to Potter Park Zoo in Lansing in late July. If you would be able to volunteer to go with us, please let us know. For more information, please contact Rachelle or Melissa in the Activities Department.

Reminder from the Garden

We would like to remind everyone that fresh flowers are not permitted on the garden unit. But, as an alternative, feel free to bring in a shepards hook and hanging plant, if you would like, to put outside your resident’s window. Also, don’t forget to have family members water the plants when they come to visit.

