



Schnepp Health Care Center *Happenings*

www.schnepp.net

From the administrators desk:

From time to time we have families ask us if they can do anything for our staff. I think it is nice that people recognize the good job they do and want to thank them in some way. It is against our policy to let staff accept gifts from residents and their families. It is acceptable, however, to bring candy, snacks, pizza, etc. to the floor. Our people really appreciate the thought and enjoy the goodies too.

Our new website is up and functioning at www.schnepp.net please take a look. The old site was done by yours truly so needless to say the new site is an improvement! You can download newsletters as Adobe PDF files and find other helpful information as well. If you have any suggestions please let us know.

Schnepp HCC has just replaced our walk-in cooler and freezer. We are also in the middle of some winter repainting and wallpapering projects. Please excuse the mess but we are making needed improvements.

Thanks for everyone's support!

Dick Prestage
Owner/Administrator
rprestage@schnepp.net
www.schnepp.net



Residents

Orville Conley 2/1
Norrine Cheeseman 2/3
Imogene Keene 2/4
Fern Race 2/7
Iva Bahlke 2/9
Evelyn Crossley 2/10
Marie LaCrosse 2/10
Betty Weslock 2/12
Helen Erhard 2/16
Clara Lane 2/19
Pat Bailey 2/21
Emma Eicholtz 2/23
Muriel Morgan 2/26
Margaret Snyder 2/26
Roland Ball 2/27
Rosalind VanHorn 2/28
Nancy Goodsell 2/29



Dr. T's Corner

Dr. Wm. C. Thiemkey has been Medical Director for Schnepf Health Care Center for nearly 20 years. He will review some pertinent medical articles and summarize them in each issue of the newsletter.

Rotator Cuff Tear can be “terrible pain”

Rotator Cuff Tear is a common condition from trauma in younger active adults. It can also occur without trauma in the elderly. The condition is where one of four muscles of the shoulder tears and may involve the shoulder capsule. Symptoms include painful shoulder and poor use of the shoulder with lack of good range of motion. An arthogram or MRI may diagnose it.

Rotator Cuff injuries can be treated conservatively with physical therapy, medications and exercises. When these remedies fail to relieve the pain, surgical intervention can be helpful. There is nothing “humorous” about Rotator Cuff Tear, so when there is pain in the shoulder, get it looked at.

Resident's Rights

#32. A patient has the right to examine the most recent survey of the facility conducted by federal or state surveyors and any plan of correction in effect with respect to the facility. This survey report shall be posted in an accessible, public place.



Employees

- Shelly Morrison 2/2
- Helen Davis 2/3
- Janice Smith 2/3
- Cherrie Lamont 2/4
- Amber Akin 2/6
- Colleen Wertz 2/8
- Aislynn Haley 2/10
- Janice Dickman 2/11
- Kim Martyn 2/14
- Yolanda Figueroa 2/14
- Deb Vine 2/19
- Jessica Hyatt 2/19
- Kimberly Schramm 2/20
- Rosalyn Rohn 2/21
- Chris Salisbury 2/22
- Donna Walton 2/25
- Robin Coty 2/27

Welcome to Schnepf's:

- Viva Daniel
- Marie LaCrosse
- Anthony Kuna
- Lucille Fetters
- Louis La Cross
- Helena Matteson
- Sandra Wrath

You Will Be Missed

- Phyllis Schaefer
- Lavina Wesenberg
- Zelma Walker
- Alvin Glover
- Agnes Renneberg
- Joseph Ledniski
- Louis LaCross

Activities Corner

Hello friends and family, my name is Rachelle Vliet and I work in the Activity Department. This means I also have the pleasure of delivering cards, letters and packages that you send to your loved ones. This is a great pleasure for me as I get to see and share in their excitement when they receive something in the mail. The Christmas mail season was a busy one, but that made it more wonderful for our residents. This is why I say "Keep-em Coming." We are happy to assist residents and read a letter to them if they have a vision loss or some other affliction that hinders them. We can never get too much mail. Also, don't forget you can e-mail your loved one at info@schnepp.net. So, let's fill my mailbag!

Rachelle Vliet
Activity Assistant

Holiday decorations

There are some residents that still have Christmas decorations up in their rooms. Because of limited space in their rooms, we ask that you please remove these items from their room. If you have any questions, please contact Jennifer McKinin, Activity Director at (989) 681-5721. We will be happy to assist you in any way we can.

Lost and Found

If you have noticed that your loved one is missing any clothing items, we may have them! Lost and Found is located in the Activity Center. If you notice something missing, please contact staff on your residents floor and ask them to fill out a missing items slip or stop by Activities between the hours of 8 AM and 4:30 PM to look through our closet. To help cut down on missing items, we ask that all new items (clothes, blankets, pillows, bedding, etc.) be marked with the resident's name when they are first brought in. The CENA's will be able to assist you with this matter. We appreciate your cooperation.

To visit or not to visit...

Our priority here at SHCC is the health and well being of the residents entrusted to our care, we ask that you refrain from visiting if you are ill. Phone calls and e-mails are always welcome and the staff will make sure information gets to your loved one if you are not able to visit. Thank you for your consideration in this matter. Please feel free to call me or stop in if you have any questions.

Cindy Jerry, R.N.C. ADON Infection Control Coordinator

Attention SHCC Family members/ Responsible party:

We would like to offer you the opportunity to dine with your Schnepf Health Care Center resident, so biannually we send out one complimentary meal coupon with our newsletter. Additional meal coupons may be purchased from the receptionist at \$4 each.

In order to plan for additional meals, we request that the kitchen or receptionist be notified at least one day in advance of your visit. All meals from the kitchen will be from the regular menu for that day. Special requests cannot be honored. A beverage will accompany the meal.

Department Contacts

Owner..... Richard & Carol Prestage
 Director of Nursing.....Dorothy McDonald
 Assistant Director of Nursing Cindy Jerry
 Serenity & Harmony Supervisor..... Robin Adams
 Hope Harbor Supervisor..... Dorothy Walker
 Garden Supervisor.....Karen Donovan
 Restorative Nurse Julie Gurski
 Dietary Manager..... Sandra VanDePerre
 Social Services..... Kristen Coffland
 Admissions..... Bonnie Smith
 Activities Director.....Jennifer McKinin
 Maintenance Denny Gee
 EducationLinda Borowicz
 Office Personnel Brenda Wale
 Loretta Bessert
 Dawn Raymond

Dates to Remember

Feb. 1	Smores	6:30 PM
Feb. 6	Super Bowl Party	2:30 PM
Feb. 10	Music with Danny	7:00 PM
Feb. 13	Bethel Brethren	3:30 PM
Feb. 14	Valentine Party	2:30 PM
Feb. 15	Homeward Bound Gospel	6:30 PM
Feb. 16	Gospel Guest	10:00 AM
Feb. 20	Wesleyan Holiness	3:30 PM
Feb. 22	Birthday Party	2:00 PM
Feb. 22	Table Games	6:30 PM
Feb. 23	Mass	10:00 AM
Feb. 24	Newark Mennonite	7:00 PM
Feb. 27	Movie & Snack	2:00 PM



**427 E. Washington Street
 St. Louis, MI 48880-1794**