



Schnepp Health Care Center Happenings

www.schnepp.net

December has arrived and there is snow in the air. We want to invite you to come in out of the cold for "Sundays at Our House." This is an opportunity for your family to come and share in a meal with your loved one at Schnepp Health Care Center. We started this program last year and it was such a hit that we decided to continue it again this year. If you wish to have dinner with your family member give us a call (see page 3 for more information).

Carol and I have a lot to be thankful for this time of year, our kids and families, but also our staff whom are among the most caring, professional and loyal in the industry. Thanks to all of you, you're the best! We are also thankful to our residents and their families for the support they show the facility.

Merry Christmas!

Sincerely,

Dick Prestage
Administrator/ Owner
rprestage@schnepp.net

Santa Claus is Coming to SHCC!



Santa Claus will be visiting Schnepp's on December 14, from 6 to 7 PM. Families, staff and the public are welcome to bring their camera and take a picture with Santa and tell him what they want for Christmas. So, come on in for a fun evening filled with carolers, cookies and of course SANTA!



Resident Birthday

- Ernest Vedrode 12/2
- Iva Burk 12/2
- Richard Gilpin 12/8
- Ralph Lutz 12/9
- Joseph Nizinski 12/13
- Merton Hansen 12/23
- Spencer Cary 12/24
- Ruth Dean 12/24
- Anna Sklener 12/25
- Mabel Guild 12/30

Employee Birthday

- LeAnn DonSang 12/5
- Lisa Mikesell 12/8
- Georgia Carter 12/10
- Helen Byce 12/15
- Amber Mapes 12/29
- Gloria Ortiz 12/30



Dr. T's Corner

Dr. Wm. C. Thiemkey has been Medical Director for Schnepf Health Care Center for nearly 20 years. He will review some pertinent medical articles and summarize them in each issue of the newsletter.

Update on medications for Alzheimer's Disease. "An issue of confusion"

Medical treatment for Alzheimer's disease is a hot topic and millions of dollars for research is spent every year. Non-prescription as well as prescription treatments abound with no one treatment being terribly effective. Recent drugs such as Aricept, Exelon and Namenda have made the news. Although they may help some patients, especially those who are diagnosed early, the overall effectiveness of our current treatment needs improvement. A combination of drugs has also been tried and some success has been noted.

Non-steroidal medications such as Motrin and Aleve have been studied and have shown some benefit, as has Lipitor. Non-medication strategies such as staying active, learning new activities such as piano playing or doing puzzles seems to be of benefit. Research needs to continue so that we continue to battle this terrible disabling and widespread disease. Our goal to cure this disease must be kept "clearly in mind."

RESIDENT RIGHTS

#4. A patient or resident is entitled to privacy, to the extent feasible, in medical treatment and in caring for personal needs with consideration, respect, and full recognition of his or her dignity and individuality.

Social Service Department has moved

To better serve the residents and families, the Social Service Department has move to the office by the front lobby. Please feel free to stop by with any questions or concerns.

Welcome to Schnepf's:

Jasper Adams
Dorothy Adams
Frances DuVall
Donna Macha
Audrey Phelps
Alex Kocsis

You Will Be Missed

Anna Mox
Lois Graham
Rose VanHorn
Delmar Hendricks

Plant and flower policy

With the holidays upon us and many people sending plants and flowers to loved ones, we thought we would remind families of our policy regarding this issue. Live plants and flowers are permitted on Harmony, Serenity and Hope Harbor units. Live plants and flowers are PROHIBITED on the Special Needs unit, also known as the Garden unit, due to the great number of toxic plants and flowers. The residents of the Special Needs unit are potentially at risk of harm from ingesting foliage or flowers, in order to prevent harm to the Special Needs residents, only artificial arrangements will be allowed. If you have any questions regarding this policy, please contact Jennifer McKinin, Activity Director at (989) 681-5721.

Holiday Bazaar

The Holiday Bazaar was a huge success! We raised over \$2,000 for the residents fund. The residents would like to thank everyone that attended and all the people that helped make this a wonderful event. A big thank you to Chris Reinsmith and the Dietary Department for all their goodies, Margo House, The Macha family, Rachele Vliet and Melissa Suminski for all their time and help. Also, thank you to everyone who donated items to the bazaar.



Light Tour

We will be taking the residents to Midland for the Christmas Light tour on December 13. The bus will be here at 5:30 PM and will be returning between 7 and 7:30 PM. If you are interested in going with your loved one please contact the Activity Department by Monday, December 12, (989) 681-5721.



Sundays at Our House

Tis' the season to celebrate! There are so many things we should consider for celebration, such as life, love, friendship and families. Our residents thoroughly enjoy celebrations. They especially enjoy having visitors, be it family or friends to share memories with. Another year is coming to a close and everyone seems to be busy trying to make time with family and friends. We here at SHCC would like to extend an invitation to you, "Sundays at Our House." This is an open invitation for you and three guests to enjoy a meal with your resident. Please call (989) 681-5721 ask for Sandy VanDePerre or Chris Reinsmith and they will help you make arrangement. You must call ahead for reservations so our staff can prepare.



Sewing supplies needed

For the past few months Sandy VanDePerre has been doing mending for the residents. Mending includes seams, alterations, buttons and zippers. Other facilities charge for any resident mending, we offer this as a service without additional charge to the residents. Presently, the supplies are low, if anyone wishes to donate thread, buttons and zippers the supplies would be greatly appreciated and put to good use. Please drop them off in Activities.



In The Garden...

As Christmas approaches our staff would like to thank our families by having a Christmas Party for our Garden residents and families. Please plan to join us on December 17 at 11 AM for a Christmas sing along and lunch furnished by the staff.



Christmas Gift Ideas

If you are not sure what to get your loved one for Christmas this year, here are a few ideas:

- Memory/Picture Books
- Gripper Socks
- Large Print Books
- Blankets
- Lotions
- Stamps/Stationary
- Movies
- Small Radio/Cd's
- Sweaters
- Word Search/Crossword Books
- Magazine/Newspaper Subscription
- Door Decorations
- Decorative Comforter

Holiday Goodies

If you are bringing any baked goods or chocolate for your loved one, please make sure they are in zip lock bags or plastic containers. For those who are decorating their resident's rooms, please remember to use plastic ornaments. We want to wish everyone a Merry Christmas and a Healthy New Year!

