



Schnepp Health Care Center *Happenings*

www.schnepp.net

What a hot summer! Four years ago we air conditioned the facility and since that time we have spent a great deal of effort tweaking the HVAC system to get it to work as designed. One of the problems we ran into is during periods of very hot humid weather, lasting for three or four days in a row, the system was overwhelmed in parts of the building. This year our air conditioning system is working very well and we are enjoying a very comfortable atmosphere at Schnepp's.

Making sure we can provide the best heating and cooling system is just one way we are continually working to improve our facility and services. We continue to strive to deliver the very best nursing care possible. Our short term rehabilitation program is one of the best around. The big difference between SHCC and other facilities is the caring atmosphere. Our staff takes great care to help make this "home" for our residents. If at any time you have suggestions, compliments or concerns please let us know. We are always striving to do better for you and your family. Resident Centered Care is what we are about and that's what we are moving towards.

Enjoy the remainder of this wonderful summer and if your air conditioning isn't working, stop by and enjoy ours!

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Resident Birthday

Mildred Gott 8/2
 Hilda Klich 8/14
 Anna Mox 8/16
 Connie House 8/16
 Myrna Wischmeyer 8/17
 Ruth Monroe 8/23
 Harold Babcock 8/24
 Clara Mays 8/28

Employee Birthday

Rachelle Vliet 8/4
 Matt Johnson 8/7
 Dawn Raymond 8/14
 Dora Boody 8/16
 Kristen Solomon 8/18
 Linda Ingersoll 8/20
 Dorothy "Irene" Rooks 8/21
 Sandra Ray 8/27
 Colette Corgan 8/27
 Rachael Otto 8/29
 Brandi Derry 8/31
 Vanessa Castillo 8/31



Dr. T's Corner

Dr. Wm. C. Thiemkey has been Medical Director for Schnepf Health Care Center for nearly 20 years. He will review some pertinent medical articles and summarize them in each issue of the newsletter.

“Oh, EYE SEE”

A cataract is a clouding of all or part of the normally clear lens within your eye, which results in blurred or distorted vision. Cataracts are most often found in persons over age 55, but they are also occasionally found in younger people.

No one knows exactly what causes cataracts, but it is known that a chemical change occurs within your eye to cause the lens to become cloudy. This may be due to advancing age, heredity or an injury or disease. Excessive exposure to ultraviolet radiation in sunlight, cigarette smoking or the use of certain medications are also risk factors for the development of cataracts.

Although cataracts develop without pain or discomfort, there are some indications that a cataract may be forming. These include blurred or hazy vision, the appearance of spots in front of the eyes, increased sensitivity to glare or the feeling of having a film over the eyes. A temporary improvement in near vision may also indicate formation of a cataract.

Currently, there is no proven method to prevent cataracts from forming. During a comprehensive eye examination, your optometrist can diagnose a cataract and monitor its development and prescribe changes in eyeglasses or contact lenses to maintain good vision.

If your cataract develops to the point that it affects your daily activities, your optometrist can refer you to an eye surgeon who may recommend surgery. During the surgery, the eye's natural lens is removed and usually replaced with a plastic artificial lens. After surgery, you can return to your optometrist for continuing care. Things seem a little “cloudy” see your optometrist, ophthalmologist or family doctor. Let's make this perfectly “clear” we care about your vision and health!

*** The above is printed from the website of the American Ophthalmologist Association.*

Welcome to Schnepf's:

Basil Sterling
Gertrude Kelley
Vivian Russell

You Will Be Missed

Nina Richey
Duane Welch
Stella Deming
Margaret 'Joann' Gronda
Roland Ebright Jr.

Thank You

Schnepf residents would like to thank New Life Fellowship Church, Bethel Brethren Church, Wesleyan Holiness Church, Father Kevin, Pastor Steve and Ed Kreh for their continued commitment to enrich the spiritual lives of our residents. It is very important to them and they look forward to spending their worship time with all of you.

We have started a new bible study group. Our first meeting was July 7, and was attended by many. We had intended to hold bible study twice a month, but due to popular demand it will change to weekly starting in August. All are welcome, so come join us!

ACTIVITY CORNER

“The Great Days of summer!”

And my have they been fun days for all! We started July off with a wonderful magic show by Moyer Magic! There was standing room only as over 70 residents, families, staff and their families came to enjoy the show and left wondering...where did that rabbit come from?

Also in July a new game, Pictionary, was introduced. It was a lot of laughs. Thank you to CENA's Tina, Kim and Pam, who came up with the summer phrases that Rachelle and Melissa tried to draw. What a great job the residents did figuring out what those (sometimes unusual) drawings were. Melissa... we still think that looked more like a cows udder than the United States!

But, the fun doesn't stop there. Many toes were tapping as Music with Worthy and singer Danny Paul entertained us with wonderful performances. These were just a few of the highlights of the great days of summer in July, so if you would like to join in on the great days of summer in August, just check your activities calendar. Many more specials are planned like the Sweet Adeline's, Joyce Leonard and the Midstatesmen Barbershop Chorus. As always, families and friends are welcome to attend with their loved one. Have a Great Summer!

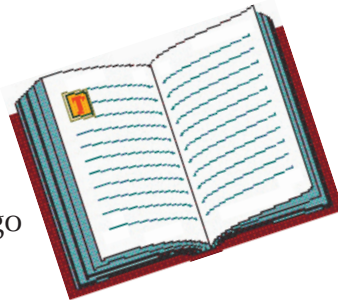
Just a Reminder:

As our residents enjoy the great days of summer the need arises for them to have a cap or hat to keep the sun off. If possible, please make sure your loved one has one available so that they may enjoy going outside.

Activity Wish List

Large print books

New or gently used stuffed animals for bingo



Meal Coupons

We like to offer you the opportunity to dine with your Schnepf Health Care Center resident on occasion. One complimentary meal coupon is mailed biannually in the newsletter. Additional meal coupons may be purchased from the receptionist for \$4 each.

In order for the kitchen to plan for additional meals it is requested that the kitchen or receptionist be notified one day in advance of requesting a meal tray. All meals from the kitchen will be from the regular menu for that day. Special requests cannot be honored. A beverage will accompany the meal.

PATIENT/RESIDENT RESPONSIBILITIES

A patient or resident is responsible for:

1. Following the health facility rules and regulations affecting patient and resident care and conduct.
2. Providing a complete and accurate medical history.
3. Making it known whether he or she clearly comprehends the proposed plan of care and the things he or she is expected to do.
4. Following the recommendations and advice prescribed in an agreed upon course of medical treatment and plan of care.
5. Providing information about unexpected complications that arise in the course of treatment.
6. Being considerate of the rights of other patients or residents and health facility personnel and property.
7. Providing the health facility with accurate and timely information concerning his or her sources of payment and ability to meet financial obligations.
8. Providing the health facility with a signed consent for the use or disclosure of health information for treatment, payment, or healthcare operations. Refusal to provide this signed consent may result in a denial of admission.

